
Guidance for Industry

Developing Medical Imaging Drug and Biological Products

Part 2: Clinical Indications

Draft Guidance

This guidance document is being distributed for comment purposes only.

Comments and suggestions regarding this draft document should be submitted within 30 days of publication in the *Federal Register* of the notice announcing the availability of the draft guidance. Submit comments to Dockets Management Branch (HFA-305), Food and Drug Administration, 5630 Fishers Lane., rm. 1061, Rockville, MD 20852. All comments should be identified with the docket number listed in the notice of availability published in the *Federal Register*.

For questions regarding this draft document contact (CDER) Kyong Kang, 301-827-7510 or (CBER) George Mills, 301-827-5097.

**U.S. Department of Health and Human Services
Food and Drug Administration
Center for Drug Evaluation and Research (CDER)
Center for Biologics Evaluation and Research (CBER)**

**May 2003
Clinical Medical**

Guidance for Industry

Developing Medical Imaging Drug and Biological Products

Part 2: Clinical Indications

Additional copies of this Guidance are available from:

*Division of Drug Information HFD-240
Center for Drug Evaluation and Research
Food and Drug Administration
5600 Fishers Lane, Rockville, MD 20857
(Phone 301-827-4573)
Internet: <http://www.fda.gov/cder/guidance/index.htm>.*

or

*Office of Communication, Training and
Manufacturers Assistance, HFM-40
Center for Biologics Evaluation and Research
Food and Drug Administration
1401 Rockville Pike, Rockville, MD 20852-1448
Internet: <http://www.fda.gov/cber/guidelines.htm>.
Mail: the Voice Information System at 800-835-4709 or 301-827-1800.*

**U.S. Department of Health and Human Services
Food and Drug Administration
Center for Drug Evaluation and Research (CDER)
Center for Biologics Evaluation and Research (CBER)**

**May 2003
Clinical Medical**

Table of Contents

I. INTRODUCTION.....	1
II. SCOPE — TYPES OF MEDICAL IMAGING AGENTS	2
A. Contrast Agents.....	2
B. Diagnostic Radiopharmaceuticals	2
III. INDICATIONS FOR MEDICAL IMAGING AGENTS	3
A. Structure Delineation.....	4
<i>1. Locating and Outlining Normal Anatomic Structures</i>	<i>4</i>
<i>2. Distinguishing Between Normal and Abnormal Anatomy.....</i>	<i>4</i>
B. Disease or Pathology Detection or Assessment.....	5
C. Functional, Physiological, or Biochemical Assessment.....	6
D. Diagnostic or Therapeutic Patient Management	7
E. Multiple or Other Indications.....	7
IV. CLINICAL TRIALS TO DETERMINE EFFECTIVENESS OF MEDICAL IMAGING AGENTS	8
A. General Considerations for Establishing Accuracy and Validity of a Test.....	9
B. Clinical Usefulness	9
C. Defined Clinical Settings	11
APPENDIX: MEDICAL LITERATURE.....	14
GLOSSARY.....	16

Guidance for Industry¹

Developing Medical Imaging Drug and Biological Products Part: 2 Clinical Indications

This draft guidance, when finalized, will represent the Food and Drug Administration's (FDA's) current thinking on this topic. It does not create or confer any rights for or on any person and does not operate to bind FDA or the public. An alternative approach may be used if such approach satisfies the requirements of the applicable statutes and regulations. If you want to discuss an alternative approach, contact the FDA staff responsible for implementing this guidance. If you cannot identify the appropriate FDA staff, call the appropriate number listed on the title page of this guidance.

I. INTRODUCTION

This guidance is one of three guidances intended to assist developers of medical imaging drug and biological products (*medical imaging agents*) in planning and coordinating their clinical investigations and preparing and submitting investigational new drug applications (INDs), new drug applications (NDAs), biologics license applications (BLAs), abbreviated NDAs (ANDAs), and supplements to NDAs or BLAs. The three guidances are: *Part 1: Conducting Safety Assessments of Medical Imaging Agents*; *Part 2: Clinical Indications*; and *Part 3: Design, Analysis, and Interpretation of Clinical Studies*.

Medical imaging agents generally are governed by the same regulations as other drugs or biological products.² In response to the requirements of the Food and Drug Administration Modernization Act of 1997, FDA amended the drug and biologics regulations (21 CFR 315 and 601) for one category of medical imaging agents by adding provisions for the evaluation and approval of in vivo radiopharmaceuticals used in the diagnosis or monitoring of diseases.³ This

¹ This guidance has been prepared by the Division of Medical Imaging and Radiopharmaceutical Drug Products in the Center for Drug Evaluation and Research (CDER) and the Office of Therapeutics Research and Review in the Center for Biologics Evaluation and Research (CBER) at the Food and Drug Administration.

² Sponsors developing medical imaging agents should be familiar with Agency regulations and guidances pertaining to the development of these products.

³ See the *Federal Register*, Vol. 64, p. 26657, May 17 1999.

Contains Nonbinding Recommendations

Draft — Not for Implementation

guidance elaborates on the concepts contained in that final regulation on radiopharmaceutical diagnostic product indications.

FDA's guidance documents, including this guidance, do not establish legally enforceable responsibilities. Instead, guidances describe the Agency's current thinking on a topic and should be viewed only as recommendations, unless specific regulatory or statutory requirements are cited. The use of the word *should* in Agency guidances means that something is suggested or recommended, but not required.

A glossary of common terms used in diagnostic medical imaging is provided at the end of this document.

II. SCOPE — TYPES OF MEDICAL IMAGING AGENTS

This guidance discusses medical imaging agents that are administered in vivo and are used for diagnosis or monitoring. Included are medical imaging agents used with medical imaging techniques such as radiography, computed tomography (CT), ultrasonography, magnetic resonance imaging (MRI), and radionuclide imaging. This guidance is not intended to cover the development of in vitro diagnostic uses, or to therapeutic uses of these agents.⁴

Medical imaging agents can be classified into at least two general categories:

A. Contrast Agents

Contrast agents improve the visualization of tissues, organs, and physiologic processes by increasing the relative difference of imaging signal intensities in adjacent regions of the body. Products include, but are not limited to (1) iodinated compounds used in radiography and CT; (2) paramagnetic metallic ions (such as ions of gadolinium, iron, and manganese) linked to a variety of molecules and used in MRI; and (3) microbubbles, microaerosomes, and related microparticles used in diagnostic ultrasonography.

B. Diagnostic Radiopharmaceuticals

As used in this guidance, a *diagnostic radiopharmaceutical* is (1) an article that is intended for use in the diagnosis or monitoring of a disease or a manifestation of a disease in humans and that exhibits spontaneous disintegration of unstable nuclei with the emission of nuclear particles or photons or (2) any nonradioactive reagent kit or nuclide generator that is intended to be used in the preparation of such an article.⁵ The FDA interprets this definition to include articles that

⁴ The guidance is not intended to apply to the development of research drugs that do not have clinical usefulness. The Agency recognizes the potential of imaging as a research tool, and some of the principles in the guidance may be applicable. Sponsors of such products are urged to contact the appropriate review division for advice on product development.

⁵ 21 CFR 315.2 and 601.31.

Contains Nonbinding Recommendations

Draft — Not for Implementation

exhibit spontaneous disintegration leading to the reconstruction of unstable nuclei and the subsequent emission of nuclear particles or photons.

Diagnostic radiopharmaceuticals are generally radioactive drugs or biological products that contain a radionuclide that may be linked to a ligand or carrier.⁶ These products are used with planar imaging, single photon emission computed tomography (SPECT), positron emission tomography (PET), or with other radiation detection probes.

Diagnostic radiopharmaceuticals used for imaging typically have two distinct components.

- A radionuclide that can be detected in vivo (e.g., technetium-99m, iodine-123, indium-111). The radionuclide typically is a radioactive molecule with a relatively short physical half-life that emits radioactive decay photons having sufficient energy to penetrate the tissue mass of the patient. These photons can then be detected with imaging devices or other detectors.
- A nonradioactive component that delivers the molecule to specific areas within the body. This nonradionuclidic portion of the diagnostic radiopharmaceutical often is an organic molecule such as a carbohydrate, lipid, nucleic acid, peptide, small protein, or antibody.

As technology advances, it is recognized that new products may emerge that do not fit into the traditional categories of contrast agents and radiopharmaceuticals (e.g., agents for optical imaging, magnetic resonance spectroscopy, combined contrast and functional imaging). It is anticipated, however, that the general principles discussed here could apply to these new diagnostic products. Developers of these products should contact the appropriate reviewing division for advice on product development.

III. INDICATIONS FOR MEDICAL IMAGING AGENTS

The labeled indications for medical imaging agents fall within the following general categories:

- Structure delineation
- Disease or pathology detection or assessment
- Functional, physiological, or biochemical assessment
- Diagnostic or therapeutic patient management

We recommend that effectiveness be defined for all indications as the ability to provide clinically useful information. The methods used to demonstrate effectiveness may differ depending on the category of indication sought, as discussed below. The above categories do

⁶ In this guidance, the terms *ligand* and *carrier* refer to the entire nonradionuclidic portion of the diagnostic radiopharmaceutical.

Contains Nonbinding Recommendations

Draft — Not for Implementation

not represent a hierarchy or progression (e.g., a "structure delineation" indication does not need to precede a "disease assessment" indication). In addition, indications from different categories could be granted for the same imaging agent. Approval also may be possible for categories of indications not listed above.

Benefits of the use of the medical imaging agent must outweigh the risks to the patient. In determining the most appropriate indication, special considerations may apply to agents that may pose significant patient risk, for example, biological medical imaging agents that are frequently immunogenic. The development of antibodies after intermittent, repeated administration can alter the pharmacokinetics, biodistribution, safety, and/or imaging properties of such agents and, potentially, of immunologically related agents. For agents that pose significant risk and where the clinical benefit is generally not readily apparent, an indication of disease or pathology detection or assessment or diagnostic or therapeutic patient management is more appropriate. If one of the other indications (i.e., *structure delineation* or *functional, physical or biochemical assessment*) will be sought for an agent that may pose significant patient risk, we recommend that the development plan be discussed with the review division.

A. Structure Delineation

As described in the following sub-sections, at least two types of labeled indications for structure delineation are possible: (1) locating and outlining normal (or variants of normal) anatomic structures and (2) distinguishing between normal and abnormal anatomy in a defined clinical setting. Ordinarily, the ability to locate and outline normal structures or distinguish between normal and abnormal anatomy can *speak for itself* with respect to the clinical value of the information and will not require additional information substantiating clinical usefulness.

1. Locating and Outlining Normal Anatomic Structures

We recommend that a medical imaging agent approved for this type of indication be able to locate and outline normal (or variants of normal) anatomic structures. We recommend that the product clarify the spatial relationship of the visualized normal structure(s) with respect to other body parts or structures. Such a medical imaging agent could distinguish normal structures that cannot be seen well with other imaging agents or modalities. For example, a contrast agent developed to image the normal parathyroid glands would be clinically useful because it could help surgeons plan and perform thyroid surgery.

2. Distinguishing Between Normal and Abnormal Anatomy

We recommend that a medical imaging agent approved for this type of indication be able to locate and outline both normal and abnormal anatomic structures. We recommend that the agent also clarify the spatial relationships of the normal and abnormal anatomic structure(s) with respect to other body parts or structures. Examples of this type of agent include:

Contains Nonbinding Recommendations

Draft — Not for Implementation

- An agent that nonspecifically enhances the airway lumen to distinguish dilated bronchi from normal bronchi and categorizes the bronchiectasis anatomically (e.g., as cylindric, sacculated, or fusiform)
- An agent that nonspecifically enhances the joint cavity to evaluate and describe meniscal or ligamentous injuries of the knee
- An agent that outlines the vascular system to identify structural narrowing, dissections, aneurysms, and relationships to normal vasculature
- A contrast agent that localizes or outlines masses

In the preceding examples, the agent's ability to outline abnormal anatomy approaches a disease detection indication (Section III.B.). If that is the goal of the clinical use, a disease detection indication should be sought.

B. Disease or Pathology Detection or Assessment

We recommend that a medical imaging agent intended for disease or pathology detection be able to detect and locate a specific disease or pathological state in at least one defined clinical setting.⁷ The medical imaging agent could be used alone or in combination with other diagnostic procedures to achieve this labeled indication.

Examples of medical imaging agents for which this type of indication may be appropriate include:

- An agent that can bind to a brain receptor and is intended to detect or assess the extent of a specific neurological disease, such as Parkinson's disease
- A radiolabeled monoclonal antibody that can attach to a unique tumor antigen to detect the presence of, or extent of, a mass with this tumor antigen (e.g. breast cancer)

We recommend that efficacy trials for these indications be conducted in subjects presenting for diagnostic evaluation of a specific disease or condition in a defined clinical setting. This is because the likelihood of disease or the spectrum of disease (e.g., severity or stage) is dependent on the clinical setting. Examples of two common clinical settings are (1) providing a diagnosis in patients with suspected disease and (2) monitoring and assessing the extent, rate of progression, or other aspects of the specific disease in patients previously diagnosed with the disease. An indication of detection of disease or pathology in an asymptomatic population (a screening indication) may be appropriate if the sensitivity of the imaging modality is high enough and the rate of false positives is low enough. See also, diagnostic or therapeutic patient management, Section III.D.

⁷ See Section IV.C for a definition of *defined clinical setting*.

Contains Nonbinding Recommendations

Draft — Not for Implementation

It is likely that the clinical usefulness and the diagnostic performance of the medical imaging agent will differ in each clinical setting.⁸ We recommend that if a medical imaging agent is being developed to diagnose a particular disease, efficacy trials generally enroll subjects in whom the disease status is unknown, but in whom specific aspects of the clinical presentation have led to the desire for more diagnostic information. That is, we recommend that the trials include the intended population in the appropriate clinical setting. Data from subjects known definitely to have (or to not have) the disease of interest may be of limited value because estimates of diagnostic performance derived from a known disease population may not apply to performance in the intended population.

C. Functional, Physiological, or Biochemical Assessment

We recommend that a medical imaging agent intended to provide functional, physiological, or biochemical assessment be able to evaluate the function, physiology, or biochemistry of a tissue, organ system, or body region. This type of indication could apply to agents used to detect either a reduction or an increase of a normal functional, physiological, or biochemical process. The indication *functional, physiological, or biochemical assessment* (would) could be limited to assessment of functional, physiological, or biochemical processes when disturbances of these processes are common to several diseases or conditions and they are not diagnostic for any particular disease or condition.

The indication *functional, biochemical, or biological assessment* is appropriate for patients in whom the diagnosis is already established and when evaluations of functional, physiological, or biochemical aspects of a tissue, organ, or body region would provide new information that has a clinically useful effect on management.

Examples of medical imaging agents with *functional, physiological, or biochemical assessment* indications include:

- A contrast agent to assess cardiac ejection fraction or myocardial wall motion
- A radiopharmaceutical that assesses metabolism of a substrate where the normal pattern of metabolism in that organ or tissue is well known

To establish efficacy in clinical studies, we recommend that the functional, physiological, or biochemical measurements of the medical imaging agent be compared with those of a reference product or procedure of known high validity (i.e., a truth standard). Ideally, we recommend that the high validity of this reference product or procedure be documented thoroughly and critically before its use in clinical studies intended to demonstrate effectiveness of the test-imaging agent. We recommend that a functional indication be studied in the wide spectrum of diseases and disease severity states that impact on the functional endpoint. If no standard of truth applies, we

⁸ Studying patients with known disease provides information useful in developing a hypothesis for testing in subsequent clinical trials. Typically, such clinical settings are not used to establish efficacy in disease or pathology detection.

Contains Nonbinding Recommendations

Draft — Not for Implementation

recommend that a clinical trial be conducted to determine that the findings are clinically useful (see Section IV.B).

D. Diagnostic or Therapeutic Patient Management

We recommend that a medical imaging agent intended for the indication *diagnostic or therapeutic patient management* improve patient management decisions (e.g., the need for further diagnostic testing or the use of specific therapeutic interventions) or improve patient outcomes when used in a defined clinical setting.⁹ To obtain this indication, we recommend that adequate and well-controlled investigations demonstrate that patient management decisions or outcomes are, in fact, improved by use of the medical imaging agent. The medical imaging agent can be used alone or in combination with other diagnostic procedures to achieve this labeled indication.

Examples of medical imaging agents for which this type of indication may be appropriate are:

- Products shown to provide improved clinical decisions about whether suspected cardiac patients should undergo further invasive, diagnostic testing, such as with coronary angiography (i.e., use for diagnostic patient management)
- Products that predict whether a patient has a better prognosis with tumor resection instead of with chemotherapy (i.e., use for therapeutic patient management)

We recommend that the trials demonstrate that diagnostic or therapeutic management based on findings using the medical imaging agent is improved compared to management without use of the medical imaging agent. The medical imaging agent can be used in conjunction with other tests to influence a patient diagnostic or therapeutic management decision.

A medical imaging agent that identifies unrecognized disease in asymptomatic individuals (e.g., used in a screening setting) can obtain the indication *diagnostic or therapeutic patient management* if it can be demonstrated that use of the test decreases irreversible morbidity or mortality, or by providing existing data that show that early detection and treatment of the disease decreases morbidity or mortality.

E. Multiple or Other Indications

The indication categories outlined above are flexible, and indications for medical imaging agents need not be mutually exclusive. A labeled indication can include several indication categories. For example, a diagnostic radiopharmaceutical could be developed as an aid in the diagnosis of lung cancer for the labeled indication *disease or pathology detection or assessment*. This diagnostic radiopharmaceutical could also be evaluated in subpopulations of patients with lung cancer for its ability to provide information that leads directly to appropriate therapeutic

⁹ See Section IV.C for a definition of *defined clinical setting*.

Contains Nonbinding Recommendations

Draft — Not for Implementation

management decisions (e.g., using test results to determine what combination of surgery, radiotherapy, and chemotherapy is most appropriate).

Structural and functional aspects of diseases or conditions sometimes are evaluated together with imaging in clinical practice (e.g., use of a contrast agent to evaluate cardiac anatomy and segmental wall motion). In such cases, we recommend that clinical studies evaluate the effect of the imaging agent on assessments of both structure and function.

Functional evaluations of diseases or conditions may be accomplished for various purposes. For example, a drug may have a functional indication for the evaluation of cardiac ejection fraction. Subsequently, the drug may be developed for a therapeutic management indication for the evaluation of perfusion or wall motion abnormalities to predict response to surgical intervention.

For indications that do not fall within the categories identified above (e.g., providing prognostic information based on imaged gene expression), we recommend that the applicant or sponsor consult FDA on the nature of the desired labeled indication and how to establish effectiveness for it.

IV. CLINICAL TRIALS TO DETERMINE EFFECTIVENESS OF MEDICAL IMAGING AGENTS

In general, establishing effectiveness has two components: (1) establishing the accuracy of the test and (2) establishing the clinical value of the test. In some cases, a test that provides accurate information in describing a clinical condition is of well-established value. Generally, this is true for indications for structure delineation and disease or pathology detection or assessment. In many cases, there will be established methods of seeking similar information and the only issue is comparing the accuracy of the new and old method. Many functional, physiological, or biochemical assessments are similarly well-established as useful (ejection fraction, renal function, myocardial wall motion) but others (glucose utilization by various parts of the body, presence of serotonin receptors, palmitate metabolism) may not be. Where the clinical value of valid information is not established, we recommend that additional information establishing this value be developed. Demonstration of improved patient management means more than assessment of the accuracy of the test. Either by reference to prior data or through new trials, we recommend that this claim show that the test really makes a difference in outcome or management. Even in this case, the impact of a test may be considered obvious (e.g., staging of breast cancer is disease or pathology detection or assessment indication). In some cases, the test will have plain therapeutic implications, as would be the case for effective staging of some other malignancies, although, in many cases, trial data should be collected.

We recommend that investigations establish the validity (generally assessed by describing the sensitivity, specificity, positive predictable value and negative predictive value in relevant settings) and reliability (how reproducible the test results are) of the imaging agent. These test characteristics can provide information on risk-benefit as well, including estimates of risk of incorrect diagnosis. Safety information obtained in studies (see the companion guidance *Part 3*:

Contains Nonbinding Recommendations

Draft — Not for Implementation

Design, Analysis, and Interpretation of Clinical Studies) will also contribute to an Agency risk-benefit assessment. The clinical usefulness of an imaging agent may be obvious from a description of what it can demonstrate (or supportable by evaluation of the literature), or it may be appropriate to demonstrate the agent's usefulness. We recommend that clinical studies and related methods for establishing effectiveness be performed in defined clinical settings that reflect the proposed indications.

A. General Considerations for Establishing Accuracy and Validity of a Test

To establish efficacy in clinical studies, we recommend that the accuracy and/or validity of the structural delineation, functional, physiological, or biochemical assessment and disease or pathology detection generally be demonstrated by comparing the performance of the medical imaging agent with that of a reference product or procedure of known high validity (i.e., a truth standard) in a relevant clinical setting.

To provide adequate estimates of the validity and reliability of the medical imaging agent over the full range of conditions for which it is intended to be used, we recommend that medical imaging agents be evaluated in studies with appropriate representation of sufficient numbers of subjects (1) with and without abnormalities or diseases of question (over the full spectrum of the condition or disease presentation) and (2), with other conditions, processes, or diseases that could affect the interpretation of the imaging results (e.g., inflammation, neoplasm, infection, trauma). We recommend that sponsors justify the inclusion or exclusion of selected subpopulations during clinical development. We recommend that studies of agents for functional, physiological, or biochemical assessment indications provide a quantitative or qualitative understanding of how the measurement varies in normal and abnormal subjects or tissues, including the variable's normal range, distribution, and confidence intervals in these subjects or tissues. We believe it is critical to identify the range that is normal and the values that indicate an abnormality. When possible, we recommend that the minimum detectable limits and reproducibility of the measurement be assessed.

In cases when valid reference products or procedures are not available or cannot be used feasibly, the validity of the information obtained can be demonstrated in clinical studies that show how the product provides information that is consistent with known and accepted medical science or with clinical outcomes. We recommend that the sponsor discuss these facts with the Agency and carefully delineate and document them prior to initiation of phase 3 studies.

Appropriate nonclinical studies in relevant animal models, if available, could provide additional information to support indications for *structure delineation* and *functional, physiological, or biochemical assessment*.

B. Clinical Usefulness

Defining clinical usefulness is important for medical imaging agents, even for agents with anticipated low toxicity rates (low radiation exposure and/or limited pharmacologic toxicity). Sponsors of products with known toxicity, e.g., an immunogenic imaging agent, should establish

Contains Nonbinding Recommendations

Draft — Not for Implementation

through clinical studies, that use of the agent justifies the potential risk to patients. The use of a medical imaging result without established clinical benefit can cause harm to the patient. For example, there can be unintended, negative consequences when imaging results lead to unnecessary diagnostic testing, invasive procedures, initiation of inappropriate therapy, or in the case of false negatives, failure to initiate appropriate therapy. Medical imaging results may have clinical usefulness in some settings but not in others; it is, therefore, important to prospectively define and study the imaging agent in the clinical setting of intended use.

We recommend that a medical imaging agent provide accurate and reliable information that, in one of a number of ways, facilitates clinical management, including (1) helping make an accurate diagnosis, (2) contributing to beneficial clinical outcome (e.g., by helping choose the right therapy, or (3) providing accurate prognostic information. All indications under Section III should reflect these benefits, which are then weighed by FDA against the agent's risks as part of an approval decision about marketing. Once clinical usefulness is established, other benefits of imaging agents, such as safety advantages and enhanced convenience to patients over existing marketed products, can be considered.

Depending on the specific indication, clinical usefulness can generally be established in two ways: (1) by direct demonstration in studies carried out during clinical development, and (2) by reference to historical data. In circumstances where the measure is well established as useful in the medical literature, the clinical benefit of the measure does not need to be re-established; (e.g., ejection fraction or myocardial wall motion are widely used measures of cardiac function with prognostic and therapeutic implications. Even if the new measure has not been used before, clinical usefulness can be established historically when the information being obtained has been shown to be useful when obtained by other means. For example, if a product is able to establish the diagnosis of early colonic polyps without the need for colonoscopy, the clinical benefit of the use of this product can be inferred because treatment is available for this disease (polypectomy), and the test would allow people to avoid unnecessary colonoscopy (i.e., clinical usefulness has been established indirectly). In such situations, clinical usefulness can be documented by a critical and thorough analysis of the medical literature and any historical precedents.

For indications in which it cannot be established from prior knowledge, we recommend that clinical usefulness be established through new trials during development. For example, we recommend that clinical usefulness be established directly for a medical imaging agent that has been shown in a research setting to bind specifically to particular receptors, but where it has not yet been established that assessment of such binding adds to the accuracy of diagnosis, contributes to beneficial clinical outcome, or provides accurate prognostic information. For novel technologies relying on mechanisms for imaging never approved before, we recommend that a plan for establishing clinical usefulness be incorporated into the development plan of a medical imaging agent. In general, we recommend that clinical usefulness be evaluated prospectively in the principal clinical studies of efficacy. We recommend that sponsors assess how the novel technology imaging results are used and how usefulness to the patient is confirmed.

Contains Nonbinding Recommendations

Draft — Not for Implementation

For a contrast agent to be considered clinically useful, we recommend that the product used in combination with an imaging device provide useful information or other advantages (such as improved imaging time or convenience) beyond that obtained by the imaging device alone. That is, we recommend that imaging with the contrast agent add value when compared to imaging without the contrast agent.

To illustrate how both aspects of effectiveness could be evaluated, consider the following possible approaches:

1. Compare the new test and the established (comparator) test, which could be either another test or a truth standard, such as pathology. We recommend that the population studied include the spectrum of presenting patients that would be expected to undergo the new test. Perform standard analyses of sensitivity and specificity, positive predictive value, and negative predictive value. If the comparator test is well established as clinically useful (such as ejection fraction), we think it could be sufficient to demonstrate the value of the new test.
2. Compare the new test added to the current standard test battery to a truth standard (such as pathology). If the new test added to the standard battery shows greater sensitivity and specificity than the standard test battery without the new test, we think that result alone could be sufficient. Or, if the new test detects some lesions that the standard tests misses (greater sensitivity) and the result is of accepted clinical value i.e., leads to improved patient management and has a very low false positive rate, we think that result alone could be sufficient.

Note: Situation 2 would be similar to imaging with and without the new test to determine the contribution of the new imaging test.

For 1 and 2, the results of the new test would be presumed to be of prognostic, therapeutic, or diagnostic value, and the new imaging drug would improve these aspects.

If that is not the case, we recommend that the value be documented through a randomized clinical trial. The new test (or the new test added to the standard testing battery) could be compared to standard testing without the new test to determine if the new test improves clinical outcomes or prognosis.

C. Defined Clinical Settings

We recommend that a *defined clinical setting* reflect the circumstances and conditions under which the medical imaging agent is intended to be used.¹⁰ Generally, the choice of anticipated

¹⁰ Note that use of a *defined clinical setting* in studies of medical imaging agents also tends to anchor both the *pretest probability* and the *spectrum* (e.g., severity or stage) of the disease or condition under study. Thus, when evaluated in a defined clinical setting, diagnostic performance measures that vary with the pretest probability of the disease or condition (e.g., positive and negative predictive values, accuracy), or that can vary with the spectrum of the disease or condition (e.g., sensitivity, specificity, positive and negative predictive values, accuracy) tend to take on values that are relatively constant for that defined clinical setting. See Section III B.

Contains Nonbinding Recommendations

Draft — Not for Implementation

labeled indications will determine the clinical setting for the trials. In some cases, an appropriately designed trial may contain several clinical settings.

For example, a medical imaging agent that detects prostate cancer (disease specific indication) could be developed for use in different defined clinical settings such as:

- For asymptomatic, healthy men for early detection screening
- For use in men presenting with a high clinical index of suspicion for prostate cancer either by physical examination or abnormal prostate specific antigen testing
- For use in men with existing diagnosis of prostate cancer to evaluate recurrence

We recommend that the circumstances and conditions under which the medical imaging agent is intended for use be evaluated in clinical trials and be described in the labeling using the following mechanisms.

1. Specifying aspects of the medical history and physical examination that are pertinent for determining the likelihood of the disease or condition that is in question.

For example:

- A medical imaging agent intended to detect breast cancer might be evaluated for use in the assessment of (1) otherwise healthy women over 40 years of age, (2) women with a family history of breast cancer, or (3) women presenting with palpable breast masses.

2. Specifying a patient population that is at a particular step in the diagnostic or patient surveillance sequence. For example:

- A diagnostic radiopharmaceutical may be intended to evaluate patients in an emergency room with equivocal clinical and laboratory findings of a myocardial infarction, or to evaluate the location and extent of a myocardial infarction in patients with definitive findings.
- An agent may be intended for use in an outpatient office setting to monitor disease progression. Typically, we recommend that such an imaging agent be studied using repeated, periodic surveillance imaging of ambulatory patients in an outpatient setting.

3. Specifying any other diagnostic assessments that are to be performed in the evaluation of this patient population. We recommend that this delineation include describing how the medical imaging agent should be used with respect to other diagnostic tests or evaluations, including (1) whether the medical imaging agent is intended to be used together with, or as a replacement for, other diagnostic tests or modalities and (2) how the use of the medical imaging agent is influenced by the results of other diagnostic evaluations.

Contains Nonbinding Recommendations

Draft — Not for Implementation

491
492 Pooling efficacy data (additive derivation of summary statistics) across defined clinical settings
493 may be of limited value because differences in disease prevalence and in pathophysiology may
494 result in different diagnostic performance (sensitivity, specificity, positive and negative
495 predictive value) in different settings. Pooled results may suggest that the product is useful in all
496 the evaluated clinical settings, and may obscure the evidence of differential usefulness in each
497 one of the settings. Of course, data from independent trials in different clinical settings may be
498 useful in determining the overall labeling in one or more clinical settings. The number and type
499 of populations to be studied depends upon the type of the indication and clinical uses sought by
500 the sponsor.

501
502
503
504

Contains Nonbinding Recommendations

Draft — Not for Implementation

APPENDIX: MEDICAL LITERATURE

On occasion, the medical literature may provide critical information on various aspects of the safety or efficacy of a product. Considerations in the use of the medical literature are described in the FDA guidance for industry *Providing Clinical Evidence of Effectiveness for Human Drug and Biological Products*. In applying these fundamental principles to imaging trials, we recommend that sponsors consider whether the literature article methods section describes a prospective protocol in sufficient detail to assess the strengths and weaknesses of the protocol design features discussed in the imaging guidance. For example, the design features that are critical include selection of the patient population, clinical setting, image handling, image reading plan for the test product and the standard of truth, use of an accepted standard of truth, the statistical plan, and use of appropriate steps to eliminate bias. As literature studies are often completed for purposes other than drug approval, the relevance of the selected endpoints to the proposed indication should be justified.

We recommend that a critical review of the literature present the method used for the literature search, the criteria used to review the data, and the criteria used to determine the applicability of the results. Although we recommend that each article be reviewed and summarized, we also recommend that the key articles have an extensive discussion.

Typically, articles in the imaging literature provide limited data on safety, so that additional safety studies may be called for. Other information that can be supplied either fully or partially by the literature include:

- Information on human drug safety: population exposed, types of adverse events and how these were monitored and reported, reliability of data collection
- Pharmacology
- Toxicology studies
- Biopharmaceutical information

A discussion of use of medical literature based on the FDA guidance to industry, *Providing Clinical Evidence of Effectiveness for Human Drug and Biological Products* follows. We recommend:

- Independent substantiation of experimental results. Multiple studies from different authors provide greater support.
 - Replication of findings in usually two or more adequate and well-controlled human investigations
 - Similar study questions, populations, diseases or conditions or indications being studied by the same imaging agent
 - Studies from more than a single center (or from more than a single investigator) for independence of finding
- Conduct of studies by groups with properly documented operating procedures and a history of implementing such procedures effectively

Contains Nonbinding Recommendations

Draft — Not for Implementation

- Prospective design to minimize bias
- Studies in sufficient numbers of patients to provide results that are valid (we recommend this be documented by a sample size discussion in the article)
- Level of detail of information in studies to assess:
 - Dose(s) used and regimen(s) used for dosage administration
 - Image acquisition, including device settings, timing and interval of imaging, and views obtained
 - Image blinding method used, how images were handled and presented to the blinded reader, details on sequential unblinding if used, methods used by the core laboratory before images were presented to the blinded reader, how multiple lesions are tracked
 - Details of how the imaging agent is made to assess identity of agent in multiple studies if the agent is made locally
 - Use and description of controls to minimize bias: randomization, blinding, central reading versus local reading, etc.
 - Statistical plans, prespecified analytic methods, prospectively defined study endpoints, full accounting of the study population enrolled
 - Study endpoints that are objective and not dependent on investigator judgment. Description of imaging features used by the blinded readers to reach their decision. For diagnostic tests where endpoints are interpretive, we recommend use of a well-accepted truth standard, such as pathology. If study endpoints are also compared to an active imaging control drug or modality, that imaging approach must be approved for the indication being studied. We recommend the endpoint be clinically useful.
 - Robust results that yield a conclusion of efficacy that is consistent with the prospective protocol design and that do not require post-hoc analyses

Contains Nonbinding Recommendations

Draft — Not for Implementation

GLOSSARY

Note: Subjects in trials of medical imaging agents are often classified into one of four groups depending on (1) whether disease is present (often determined with a truth standard or *gold standard*) and (2) the results of the diagnostic test of interest (positive or negative). The following table identifies the variables that are used to estimate the parameters defined below. These results may then be used to classify the major parameters by which the ability of a test to produce useful results is judged: sensitivity, specificity, positive predictive value, and negative predictive value. Note that the specific cut-off point at which a test is considered positive will affect all of those parameters and the cut-off point will be chosen with the parameters in mind. Thus a higher test value might decrease sensitivity but improve specificity.

Test Result:	Disease:		
	Present (+)	Absent (-)	
Positive (+)	TP true positive=TP	FP false positive=FP	m1 = a+b = TP+FP total with positive test
Negative (-)	FN false negative=FN	TN true negative=TN	m2 = c+d = FN+TN total with negative test
	n1 = a+c = TP+FN total with disease	n2 = b+d = FP+TN total without disease	N = a+b+c+d = TP+FP+FN+TN total in study

Accuracy: (1) *Accuracy* of a test is a measure of how faithfully the information obtained using a medical imaging agent reflects reality or *truth* as measured by a truth standard or *gold standard*. Accuracy is the proportion of cases, considering both positive and negative test results, for which the test results are correct (i.e., concordant with the truth standard or *gold standard*). Accuracy = $(TP+TN)/(TP+FP+FN+TN)$.

False positive rate: The probability that a patient does not have the disease given that the test result is positive.

Negative predictive value: The accuracy of a negative result; i.e., the probability that a subject does not have the disease given that the test result is negative. The negative predictive value = $TN/(TN+FN)$.

Positive predictive value: The accuracy of a positive result; i.e., the probability that a subject has disease given that the test result is positive. The positive predictive value = $TP/(TP+FP)$

Precision: A measure of the reproducibility of a test, including reproducibility within and across doses, rates of administration, routes of administration, timings of imaging after product administration, instruments, instrument operators, patients, and image interpreters, and possibly other variables. Precision is usually expressed in terms of variability, using such measures as

Contains Nonbinding Recommendations

Draft — Not for Implementation

confidence intervals and/or standard deviations. Precise tests have relatively narrow confidence intervals (or relatively small standard deviations).

Receiver operating characteristic (ROC) curve: A graphical representation of the test results attained in relation to the threshold used to classify the test as positive or negative. The results plotted are usually the *true positive rate* (or sensitivity) and the corresponding *false positive rate* (or 1-specificity) for the test. Each result is established by classifying the test result as *positive* when the test outcome equals or exceeds the value set by a given threshold, and *negative* when the test outcome is less than this threshold value. For example, if a five-point ordinal scale is used to rate the likelihood of malignancy for a tumor (e.g., definitely benign, probably benign, equivocal, probably malignant, definitely malignant), setting the threshold at *equivocal* will classify tumors as malignant (i.e., a *positive* test result) when the test outcome is at this level or higher and will classify tumors as nonmalignant (i.e., a *negative* test result) when the test outcome is less than this level. To generate an ROC curve, the sensitivity and specificity of the diagnostic test are calculated for several thresholds (e.g., all values of the rating scale) and values for *true positive rate* (or sensitivity) plotted on the vertical axis, with corresponding values for *false positive rate* (or 1-specificity) plotted on the horizontal axis.

Sensitivity: The probability that a test result is positive given the subject has the disease. A synonym is *true positive rate*. Sensitivity = $TP/(TP+FN)$.

Specificity: The probability that a test result is negative given that the subject does not have the disease. Synonyms include *true negative rate*. Specificity = $d/n_2 = TN/(TN+FP)$.

Truth standard (gold standard): An independent method of measuring the same variable being measured by the investigational drug or biological product that is known or believed to give the *true* value measurement